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Let h be the largest altitude of a non obtuse triangle with circumradius R and inradius r . Show that $R + r \leq h$.

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Let $h = h_c = \max\{h_a, h_b, h_c\}$ that is $h_a, h_b \leq h_c \Leftrightarrow \frac{1}{a}, \frac{1}{b} \leq \frac{1}{c} \Leftrightarrow C \leq A, B$.

We have $R + r \leq h = R + r \leq \frac{ab}{2R} \Leftrightarrow 1 + \frac{r}{R} \leq \frac{ab}{2R^2} \Leftrightarrow$

$\cos A + \cos B + \cos C \leq 2 \sin A \sin B \Leftrightarrow \cos A + \cos B + \cos C \leq \cos(A - B) - \cos(A + B) \Leftrightarrow$
 $\cos A + \cos B + \cos C \leq \cos(A - B) + \cos C \Leftrightarrow \cos A + \cos B \leq \cos(A - B)$.

Assume WLOG that $B \leq A$. Then we obtain $\begin{cases} 0 < C \leq B \leq A \leq \pi/2 \\ A + B + C = \pi \end{cases} \Leftrightarrow$

$$(1) \quad \begin{cases} \frac{\pi}{3} \leq A \leq \pi/2 \\ \frac{\pi - A}{2} \leq B \leq A \\ C = \pi - A - B \end{cases} .$$

Since $\cos(A - B)$ and $-\cos B$ both increase by $B \in \left[\frac{\pi - A}{2}, A \right]$ then

$$\cos(A - B) - \cos B - \cos A \geq \cos\left(A - \frac{\pi - A}{2}\right) - \cos \frac{\pi - A}{2} - \cos A =$$

$$\sin \frac{3A}{2} - \sin \frac{A}{2} - \cos A = 2 \cos A \cdot \sin \frac{A}{2} - \cos A = \cos A \left(2 \sin \frac{A}{2} - 1 \right) \geq 0$$

because $\cos A \geq 0$ and $2 \sin \frac{A}{2} \geq 2 \sin \frac{\pi}{4} - 1 = \sqrt{2} - 1 > 0$.

Since $\cos A \left(2 \sin \frac{A}{2} - 1 \right) = 0 \Leftrightarrow A = \pi/2$ or $A = \pi/3$ and $B = \frac{\pi - A}{2}$

then equality in inequality $R + r \leq h_c$ holds iff $(A, B, C) = (\pi/2, \pi/4, \pi/4)$ or $(A, B, C) = (\pi/3, \pi/3, \pi/3)$.